

INGREDIENTS NOT		NOTES
	500g boney chicken pleces	
	1 tsp ginger-garllc paste	
	1 tsp salt	
	1 tsp chill powder	
	¼ tsp turmeric	
	½ tsp freshly ground black	
	pepper	
	½ tsp garam masala	
	2 silced carrots	
	1 sliced onlon	
	10 green beans, snapped	
	1 chopped tomato	·
	1 large cubed potato	
	½ cup of frozen peas	
	2 bay leaves	

