

SHOPPING LIST FOR JOSHUA'S

CHICKEN CURRY WITH ROTI'S & SAMBALS



INGREDIENTS

- 2 onions
- 2/3 tomatoes
- 3 soft cooking potatoes
- 4 cloves of garlic
- Half a piece of ginger
- Fresh mint
- 4 curry leaves
- Bunch on fresh dhanian
- 1 and ½ tsp turmeric
- 2 tbsp Kashmiri curry powder
- 1 tbsp dhanian and jeera roasted powder
- 1 and ½ tsp garam masala
- Salt to taste
- 2 Star Anise seed
- 2 cinnamon sticks
- 2 elachi seeds
- 2 cloves
- 2 bay leaves
- 2 tbsp salt
- 2 tomatoes
- 1 large onion (or 2 normal sized ones)
- 3 green chillies
- 2 sprigs of mint
- ½ handful of fresh dhanian
- 2 lemons
- Salt and pepper to taste

NOTES



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Month

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